

Yoga and Nia Liability Waiver and Photo Release

My participation in the yoga and/or Nia class is voluntary and at my own risk. I release Instructor Jessica Forsythe and Nia Technique, Inc. of any responsibility for any consequences arising from any activity I participate in provided by Nia Technique or any Trainers or Teachers. I hereby release respective owner, instructors, and assigns from any liability for any claims, demands, injuries, actions or causes of actions to my person or property arising out of or connected with the use of any of the services, equipment, or facilities provided by Jessica Forsythe or Nia Technique, Inc. I further understand the activities may involve physical strenuous exercise and risk of bodily injury and I accept full responsibility for any activity I engage in with Jessica Forsythe or Nia Technique, Inc. I have carefully read with a full, definite and clear understanding the foregoing provisions and feely enter into the within agreement of the waiver/release.

I give permission for photographs and videos taken at yoga and/or Nia classes and events to be used for publicity purposes.

Date: _____

Print Name: _____

Signature: _____

Email: _____

Address: _____

Phone: _____